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| Step 6 Were entirely ready for God to remove all these defects of character  6E Self-righteousness and Perfectionism | |
| **Self-righteousness** is not the steady confidence of those with great ability. Instead it is that which drives us to try to be superior to those around us.  **Perfectionism** is that constant dissatisfaction with myself and others. | |
| How much do I reject gentle admonitions because “I know better”? Or take any challenge as a personal attack? |  |
| How do I react to those who blame me for their failures or feel that they are blaming me for all when they have some responsibility?  How can I recognize that I am having self-righteous anger? |  |
| How much do I push to be the one that others have to rely on?  How much need do I have to be the expert at work, or the best at recovery?  How much do I need to be in charge at home?  What has this need cost me in health, relationships, and lost opportunities at work? |  |
| Do I structure relationships so that I am subtly or overtly always the boss? |  |
| How much do I blame others when things go wrong?  Have I been able to accept my failings in such situations?  How can I face my own shortcomings? |  |
| How much does my addiction love it when I fall back into these patterns?  How can being “always right” justify taking addictive actions in my mind? (I deserve reward for putting up with this.) |  |
| How can I turn my **sense of importance**, my **relationships**, and **how I react to my shortcomings** over to a higher power? |  |